It's all in your head!
Remember
MINDSET?

GROWTH MINDSET:

Your intelligence and abilities are not already set. You can develop and change them!

VS.

FIXED MINDSET:

Things just never work out for me, no matter what I do...

EFFORT

IS THE KEY TO SUCCESS!!!



You can do it if you believe you can!



Here are your Building Blocks to



Don't forget, Effort = Success

So, what does that mean again?

Time

- · Plan each day
- Prioritize tasks
- Do a quality job!
- 10-minute rule
- Get sleep!
- Take a break

Be Resourceful

- Ask your (or any) teacher!
- Novi library online go to Teens→Teen homework Help
- Ask a parent
- Ask a sibling
- Ask a classmate
- Use safe internet resources
- Ask a tutor (if you have one)
- Go for homework help after school
- Use your textbook
- Go to the library to study!

Focus

- Don't do homework in front of the TV
- · Stay away from distracting people
- Designate a "homework" spot in your home

Effective Effort Requires...

Commitment to do your best

- · Set a goal what will I earn?
- Ask for a rubric for projects
- · Create a timeline & stick to it!
- Set up rewards (more time with friends, computer, TV, whatever will motivate you!

Strategies

- Flashcards
- · Re-read selection
- Use or create a study guide
- Study with a partner
- Make games (matching, etc.)
- Review vocabulary
- Review homework
- Mnemonic devices
- · Go to the library to study!
- Have a parent/friend quiz you
- Recopy notes

Use Feedback

- · Make changes and re-submit
- Go over comments with the teacher
- Ask questions!! Teachers want to help you!